جامعة بيروت العربية
BEIRUT ARAB UNIVERSITY

SUSTAINABLE DEVELOPMENT GOALS

SDG 3: GOOD HEALTH AND WELL-BEING





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Beirut Arab University Student Access to Sexual and Reproductive Healthcare

SDG 3 Good Health and Wellbeing

THE Impact Rankings indicator 3.3.4 | Beirut Arab University, Lebanon

Recent evidence from 2021 to 2026, current service records and institutional access arrangements.

Response to the indicator

Yes. Beirut Arab University (BAU) provides students with access to sexual and reproductive healthcare through its university healthcare services and specialist clinics, together with information and education activities. BAU Healthcare Center (BAUHC) serves students and offers obstetrics and gynaecology. Its published service specification includes Pap smear testing, intrauterine device insertion and ultrasound for pelvic organs and pregnancy. The current appointment schedule also lists urology clinics.

Evidence: BAUHC student access and medical specialties (BAU Healthcare Center section)

Evidence: BAUHC published clinical services

BAU complements clinical access with targeted sexual and reproductive health sessions, maternal health education, student representation in reproductive health committees and formal teaching in relevant programmes. Published student studies provide additional evidence of the university's attention to sexual health knowledge and menstrual wellbeing. Clinical access is documented, but the available fee information does not establish that all sexual and reproductive healthcare is free for every student.

HOSPITALS AND COMMUNITY BASED LEARNING

An important aspect of the medical program is the Hospital Clinical Training. The BAUFM has academic affiliation with several hospitals, where undergraduate and postgraduates medical students receive their training.

Makassed General Hospital is a 200 patient-bed, which is located in a heavily populated area of Beirut. It is among the top medical facilities in Lebanon and is supported by more than 200 attending and resident physicians and 640 technical and administrative staff. It serves nearly 100,000 in-patients and in excess of 50,000 outpatient visits per year.

Dar al Ajazza al Islamia Hospital, was established in 1952, and has an immense capacity of medical services. The hospital still has a lack of place to meet the great demand which is exposed to. An important part of the training of BAU_FM medical students is to visit and have exposure to patients at Dar Al-Ajaza Al-Islamia Hospital, which is a charitable human institution that offers medical aid.

Rafic Hariri University Hospital (RHUH)is a public independent establishment that offers medical services to Lebanese citizens in Beirut and all other regions, by ensuring care and hospitalization services in an academic frame, and by offering an excellent quality of treatment and health follow-up. Rafik Hariri University Hospital is committed to offer excellent medical care, in accordance with international standards to Lebanese citizens and to foreigners, at affordable prices. Rafik Hariri University Hospital includes 430 beds and 14 operating rooms. It delivers a full range of primary and highly specialized care provided by

professional and dedicated staff. The hospital offers academic training to young doctors, nurses, pharmacists and dietitians through affiliations with several universities. It deals with ministry of public health, social security national fund, private insurance companies and all other competent authorities that care in the Lebanese society health and offer medical services to it.Rafik Hariri University Hospital is served by a fully automated medical information system and electronic patient health record. Moreover, it provides remote medical services (telemedicine).

BAU Healthcare Center (BAUHC) intends to be a distinguished university healthcare center in the fields of health care, education, and research. BAUHC is the right place where a team of competent and empathetic physicians, nurses, and health care providers treat patients with respect and compassion. It aims at developing an environment of comprehensive care that responds to the ambulatory health needs of Beirut Arab University (BAU) community and Lebanese community in general. September 6th, 2018 marked the launching of BAUHC where it started serving BAU students, staff and employees, as well as community members from outside BAU, with a commitment to improve the health of the community by providing quality and affordable healthcare services and wellness programs that meet people needs and ensure patient satisfaction in a distinctive environment for education and research. The center offers a wide range of medical specialties including family medicine, pediatrics, obstetrics and gynecology, ophthalmology, ear, nose and throat, endocrinology, neurology, cardiology, orthopedics, psychiatry, dermatology, and pulmonary medicine.

Ebad El Rahman Healthcare Center (ERHC) is a primary healthcare center that provides different ambulatory medical services at low or no cost. It provides medical care to patients in need without discrimination. Medications as well and some basic diagnostic procedures are offered for free. The load of patients in ERHC provides an excellent opportunity for BAUFM medical students to get exposed to ambulatory cases, primarily acute cases.

Ajyaluna Healthcare Center (AHC) This healthcare center emerged from Ajyaluna organization, which is a non-profit organization engaged in charitable, cultural, social, healthcare, educational programs. It provides good exposure to chronic cases for medical students.

AHC serves around 12,000 patients each year, providing ambulatory medical services at no cost. Specialty services include family medicine, geriatrics, endocrinology, pediatrics, dentistry, ophthalmology, otolaryngology (ENT), cardiovascular, dermatology, pulmonary medicine, gynecology/ obstetrics, orthopedics, physiotherapy, dietetics, and social counseling. Each year, especially children and patients who require several medical examinations and follow-up, in addition to the elderly.

Howard Karagheusian Commemorative Corporation (HKCC) is a Primary healthcare center located in Bourj Hammoud – Lebanon since 1941. It is recognized as an NGO and is part of the Lebanese national primary healthcare network that operates in collaboration and partnership with the Lebanese Ministry of Public Health.

HKCC receives an average of 3500 patients per month to seven different departments seeking physicians' consultations, vaccination, nutritional counseling and other medical services.

BAUFM medical students started rotating at HKCC from the beginning of the academic year 2019-2020, to increase the ambulatory exposure, as well as the spectrum of exposure to various conditions.

Services

BAUHC provides compassionate health care services for you and for each member of your family in one place. Available services are:

- Dentistry: Dental Care is available through Oral Diagnosis Clinic at BAU Faculty of Dentistry in the main building in Beirut campus.
- Immunization: BAUHC believes that immunization is one of the most cost-effective health investments and proven means for controlling and eliminating life-threatening infectious diseases. In collaboration with the Ministry of Public Health (MoPH), BAUHC administers free of charge vaccines as per the National Immunization Calendar established by the MoPH.
- Dietary and Physiotherapy services: Dietary and Physiotherapy services are available through Faculty of Health Sciences located in Hariri building third floor in Beirut campus.
- Laboratory and Radiology Services: BAUHC Laboratory and Radiology diagnostic centers are under development. For the time being, patients are free to do the requested studies at their preference.
- Electrocardiography(ECG): Electrocardiography (ECG) is a quick, simple, painless procedure that provides information about the heart electrical activity. Recorded ECGs helps the physician in evaluating the heart condition and develop appropriate intervention.
- **Ultrasound imaging: Ultrasound imaging helps the physician to evaluate, diagnose, and treat medical conditions. Ultrasound imaging is generally considered a safe technique to visualize tissues and organs inside the body and record the movement of internal organs and blood flow through blood vessels. Examples of available ultrasound imaging procedures at BAUHC are ultrasound of abdomen and pelvis organs, breast, thyroid, and heart as well as for the pregnant woman and her fetus.**
- Diagnostic Physiology Procedures: Available diagnostic studies available at BAUHC are stated above under the Diagnostic Physiology Center.
- Treatments and minor procedures: BAUHC provides treatments such as vitals checks, glucose level, injections, IV hydration, wound dressing, nebulization of medication, papsmear test. Available minor procedures are IUD insertion, ear wash, removal of foreign body from external eye, ENT scope examination, and minor surgery (such as removal of cyst, excision of nail and nail matrix, and incision and drainage of abscess, hematoma, seroma, or fluid collection).
- Pharmacy Assistance: BAUHC is developing a program to support the community members who cannot afford to buy their medications. The pharmacy room at BAUHC will provide a list of medications that will be delivered free of charge.

Student access to clinical care

1 University healthcare services for students

BAU's campus healthcare page identifies students as beneficiaries of medical examinations, consultations, medical records, vaccination and primary care medications. The service operates on weekdays from 8 am to 4 pm. The Health and Wellness page describes medical care at Beirut Campus as available to students at reduced prices and identifies medical services at Debbieh and Tripoli. These records establish a university-provided route to healthcare; the specialist reproductive care evidence below is specifically documented at Beirut Campus.

Evidence: Beirut Campus healthcare for students

Evidence: Student healthcare across BAU campuses

Beirut Campus Healthcare

Medical Care

BAU's primary care clinic in Beirut Campus started receiving its first patients in 2001 (after the establishment of the Faculty of Medicine in 1995). Ever since then, the clinics at BAU have provided high quality healthcare services for students and employees.

Patient Services

These clinics provide physical examination and medical consultation for BAU's students and employees. They also provide medical screening for new students before being admitted to any of the Medical faculties. Clinics help create a medical record for students. They also provide vaccination services and primary care medications.

Contact

Working Hours: 8:00 AM to 4:00 PM

Monday to Friday (except on official and University holidays)

Dental Care

Under the supervision of qualified academic staff members and clinical assistants, our students successfully treat thousands of patients every year in our dental clinics.

Patient Services

We are a full service facility that provides fillings, tooth bleaching, veneers, crowns, bridges, root canals, children's dentistry services, braces, implants, dentures, treatment of gum disease, extractions of wisdom teeth and more. We provide quality dentistry at low cost.

Note: Some programs have a long waiting list, particularly for braces and implants.

Contact

+961 1 300 110 Ext: 2523 - 2730 – 2530

Location: See Map

Working Hours: 8:00 AM to 4:00 PM

Monday to Friday (except on official and University holidays)

Clinics

There are 78 dental units distributed throughout the Faculty of Dentistry. Each clinic has its own patient reception and waiting area. An electronic filing (E-files) system is used for patients' records and students' requirements. A digital X-ray room and sterilization units are also available for each clinic.

Patient Education

Educate yourself! Know more about how to properly take care of your teeth and handle common teeth complaints through reading our Patient Education Brochure.

Community Services

We offer full dental services to orphanages and nursing homes at specially reduced prices. Our students also often visit Lebanese schools for oral health education and check-ups.

Health & Wellness

BAU offers services to help address the health, wellness, and safety concerns of students in each of our campuses.

Beirut Campus Healthcare

Students can benefit from medical care and dental care services at Beirut Campus for reduced prices.





Debbieh Campus Healthcare

Medical care services at Debbieh Campus are available to cater for the health needs of students anytime.



Tripoli Campus Healthcare

At Tripoli Campus, medical care and nutritional care services are available for students.






2 Scheduled obstetrics gynaecology and urology clinics

BAUHC publishes named specialists and regular clinic sessions. The schedule lists obstetrics and gynaecology with Dr Aya Chaaban, Dr Lara Nahouli and Dr Salah Malas, and urology with Dr Bilal Itani and Dr Samer Makarem. These establish operational appointment arrangements for relevant clinical services. Clinic schedules can change, so the published appointment contact provides the route for confirming availability.

Evidence: BAUHC physicians and appointment schedule

Physicians Schedule

SPECIALITY	NAME	DAY	TIME
Cardiology	Dr. Tarek Hamandi	Monday	08:30 - 10:30
Cardiology	Dr. Samer Labban	Wednesday	09:00 - 11:00
Cardiology	Dr. Ahmad Araji	Thursday	10:00 - 12:00
Dermatology	Dr. Ghassan Kantar	Tuesday	10:30 - 12:30
Ear, Nose, and Throat	Dr. Talal Halabi	Monday	09:00 - 11:00
Ear, Nose, and Throat	Dr. Talal Halabi	Thursday	09:30 - 11:30
Endocrinology	Dr. Abir Diab	Friday	10:30 - 12:30
Familly Medicine	Dr. Jean Claude Honein	Monday	09:00 - 12:00
Family Medicine	Dr. Razane Hamze	Monday	12:00 - 02:00
Family Medicine	Dr. Zeinab Darwich	Tuesday	09:00 - 03:00

Access detail	Published arrangement
Venue	BAU Beirut Campus, Hariri Building, ground floor, Healthcare Center
Appointment telephone	+961 1 704612 or +961 1 300110, extension 2848
Email enquiries	bauhc@bau.edu.lb
Relevant specialties	Obstetrics and gynaecology, urology and family medicine

Evidence: BAUHC location and booking contacts

3 Reproductive care procedures in the service specification

The university's published BAUHC service list explicitly identifies Pap smear testing, IUD insertion and ultrasound of pelvic organs and of a pregnant woman and her fetus. This provides concrete evidence of gynaecological screening, a contraceptive procedure and pregnancy-related assessment within the centre's advertised services. The listing is undated and does not give student-specific prices or utilisation totals for these procedures. It supports the range of provision, alongside the current specialist appointment schedule and documented student eligibility.

Evidence: BAUHC treatments minor procedures and ultrasound services

BAUHC provides compassionate health care services for you and for each member of your family in one place. Available services are:

- Dentistry: Dental Care is available through Oral Diagnosis Clinic at BAU Faculty of Dentistry in the main building in Beirut campus.
- Immunization: BAUHC believes that immunization is one of the most cost-effective health investments and proven means for controlling and eliminating life-threatening infectious diseases. In collaboration with the Ministry of Public Health (MoPH), BAUHC administers free of charge vaccines as per the National Immunization Calendar established by the MoPH.
- Dietary and Physiotherapy services: Dietary and Physiotherapy services are available through Faculty of Health Sciences located in Hariri building third floor in Beirut campus.
- Laboratory and Radiology Services: BAUHC Laboratory and Radiology diagnostic centers are under development. For the time being, patients are free to do the requested studies at their preference.
- Electrocardiography(ECG): Electrocardiography (ECG) is a quick, simple, painless procedure that provides information about the heart electrical activity. Recorded ECGs helps the physician in evaluating the heart condition and develop appropriate intervention.
- Ultrasound imaging: Ultrasound imaging helps the physician to evaluate, diagnose, and treat medical conditions. Ultrasound imaging is generally considered a safe technique to visualize tissues and organs inside the body and record the movement of internal organs and blood flow through blood vessels. Examples of available ultrasound imaging procedures at BAUHC are ultrasound of abdomen and pelvis organs, breast, thyroid, and heart as well as for the pregnant woman and her fetus.
- Diagnostic Physiology Procedures: Available diagnostic studies available at BAUHC are stated above under the Diagnostic Physiology Center.
- Treatments and minor procedures: BAUHC provides treatments such as vitals checks, glucose level, injections, IV hydration, wound dressing, nebulization of medication, papsmear test. Available minor procedures are IUD insertion, ear wash, removal of foreign body from external eye, ENT scope examination, and minor surgery (such as removal of cyst, excision of nail and nail matrix, and incision and drainage of abscess, hematoma, seroma, or fluid collection).
- Pharmacy Assistance: BAUHC is developing a program to support the community members who cannot afford to buy their medications. The pharmacy room at BAUHC will provide a list of medications that will be delivered free of charge.

4 Primary care development and professional expertise

The ICARE Clinic and Advanced Primary Care Innovation Center at BAUHC have been fully operational since April 2023. The Ministry of Public Health licensed centre combines consultations with teaching and training. Its development team includes an obstetrics and gynaecology specialist, and its activity record includes an antenatal care presentation for interns. Its published mission refers to accessible care with symbolic charges. These records support the institutional organisation and professional capacity underlying healthcare delivery.

Evidence: Advanced Primary Care Innovation Center at BAUHC

Advanced Primary Care Innovation Center BAUHC

جامعة بيروت العربية
BEIRUT ARAB UNIVERSITY

Funded by the Erasmus+ Programme of the European Union

I Care
Medical Health



OFFICIAL NAME OF THE CENTER

Beirut Arab University Healthcare Center Advanced Primary Care Innovation (BAUHC APCI)

The ICARE Clinic and APCI center at Beirut Arab University Healthcare Center BAUHCs, funded through the ICARE Erasmus+ project, have been fully operational since their official launch in April 2023.

APCI DEVELOPERS' TEAMS

- Professor Sobhi Abou Chahine, Dean of Academic Affairs and International Relations
- Professor Mahmoud Mahfouz, Dean of Faculty of Medicine
- Professor Adel ElKordi, Dean of Faculty of Engineering
- Associate Professor Mohamad Houri, Assistant Dean of Faculty of Medicine, Medical Director of BAUHC
- Associate Professor Rami Abbas, Assistant Dean of Faculty of Health Sciences
- Associate Professor Amal Naous, Program Director of Internship
- Assistant Professor Salah Malas, Obstetrics and Gynecology
- Assistant Professor Sawsan Abiad, Plastic Surgeon
- Assistant Professor Alaa Daher, Faculty of Engineering
- Mr. Rabih Soubra, Administrative Director of BAUHC

MISSION

Empowers individuals and communities through accessible care with symbolic charges, personalized wellness, and a vibrant hub for learning and innovation.

VISION

Aspires to be a renowned university healthcare center, known for its innovative patient care, cutting-edge education, and pioneering research in key fields.

AIM

APCI center aims to be a central point for various training activities, involving both academic and practical aspects. This includes educating medical students, residents, and professionals from other healthcare settings, as well as providing fellowship training. Ultimately, the APCI aspires to be a leader in knowledge translation, driving innovations and transformations in primary care delivery.

BAUHC APCI Center: Physical Space

FUNCTIONS:

- Administrative
- Consultation
- Education, research and training activities for wide target groups (research, education, IT, medical engineering)

ACTIVITIES:

- providing the e-promotion service for PHC
- supporting the universities training courses update
- providing the research and training system in the area of PHC in cooperation between university staff, medical engineering, IT staff and healthcare professionals

LICENSE:

the APCI BAUHC is licensed from the Ministry of Public Health

ONGOING CLINICAL RESEARCH ACTIVITIES AT APCI:

- Prevalence and Characterization of Bacterial Rectal Colonization Patterns in Pediatric Patients
- Characterization of Pediatric Healthcare Visits in BAUHC



Antenatal care presentation to the interns in the APCI center



Diseases of the eye presentation to interns in the APCI center

The official profile of Dr Salah Malas, who is also listed in the BAUHC clinic schedule, describes expertise in pregnancy counselling, screening and prevention, infertility and menopause. It also documents teaching in obstetrics and gynaecology and women's health. This connects a named clinic provider to clinical expertise and student education.

Evidence: Obstetrics and gynaecology faculty expertise



Dr. Salah Malas
ASSISTANT PROFESSOR OF
OBSTETRICS AND GYNECOLOGY

About

Dr. Salah Malas is a Clinical Lecturer of Obstetrics and Gynecology, at Beirut Arab University since September 2016; Specialist in Obstetrics and Gynecology 2014, American University of Beirut Medical Center. He graduated in 2009 from Beirut Arab University, Faculty of Medicine with distinctions. He then joined the American University of Beirut Medical center, department of obstetrics and gynecology, where he continued four years of training in obstetrics and gynecology. Dr. Malas had two years of experience in medical education as a part time at Beirut Arab University in the fields of obstetrics and gynecology, anatomy and clinical symptomatology. In 2017,he received a Diploma in Medical Simulation from the Lebanese American University

Besides his private clinical practice, Dr. Malas practices obstetrics and gynecology in multiple primary health care centers in Lebanon. His main interest is ensuring the best counseling for pregnant women, disease prevention and screening, finding solutions for infertile couples, managing menopause, medical education and research. He is focusing on the importance of medical simulation in medical education and OSCE tests.

5 Recorded student use of the university health service

The 2021 report records 533 students receiving BAUHC services through the University Health Services programme during September 2020 to August 2021. This documents use of the student healthcare route; it is an aggregate healthcare figure, not a reproductive care patient count.

Evidence: BAU Annual Report 2021 (printed page 75; PDF page 38)

COMMUNITY SERVICES

- The Faculty of Architecture - Design & Built Environment inaugurated Beirut Miniature Model Art Exhibition to introduce Cultural Heritage to Children in partnership with UNESCO, the United Nations Population Fund and the United Nations Office on Drugs and Crime, at St. Nicholas Stairs in Gemmayzeh Area on July 9, 2021. (Photo 26)
- On the occasion of the **World Health Day**, the University launched an awareness campaign on the Role of Youth in Promoting Social Cohesion during the Pandemic, through a virtual workshop for empowerment on May 12, 2021.

- The Faculty of Architecture- Design & Built Environment organized a workshop in Karantina Park targeting children by activating their participation in creating game boards in partnership with UNFPA- Lebanon, UNESCO- Beirut and UNODC- ROMENA on April 24, 2021.
- The Faculty of Architecture - Design & Built Environment participated in Beirut Urban Declaration Conference for the restoration of areas afflicted by the Beirut Port explosion. The conference was organized by the Order of Engineers and Architects in Beirut in cooperation with the faculties of architecture in Lebanon on April 10-11, 2021. (Photo 27)
- The Faculty of Architecture – Design & Built Environment participated in the workshop of the Order of Engineers and Architects (OEA) on the Reconstruction of the Neighborhoods affected by the Beirut Port explosion within a National Vision for Sustainable Development Policies and in cooperation with the French Government, UNESCO, and the International Union of Architects (UIA), on March 14, 2021.
- The "**Youth-Led rehabilitation efforts to support local communities affected by the Beirut Blast**" initiative was launched in partnership with UNESCO, UNFPA and UNODC, with the aim of developing children's emotional attachment to the territory of the Beirut Port explosion by activating their participation in the construction of cognitive maps via playing with strategically designed spatial maps in the game environment.. The main planned activities that have been completed consist of:
  - Design board games in the form of 3D puzzles of the selected buildings in the affected area.
  - Educating children from a young age about architecture and the values of sustainability by focusing on their built environment as well as giving children greater awareness about their local neighborhoods

The following annual report records 744 BAU students enrolled in University Health Services among BAUHC's beneficiaries in 2021–2022. This further supports actual student access to the centre, without assigning the total to a particular specialty.

Evidence: BAU Annual Report 2021–2022 (printed page 63; PDF page 32)

HEALTHCARE AND COMMUNITY SERVICES

BAU's engagement and outreach initiatives embraced the integration of community service into its original curriculum, actively promoting social, human, and environmental aspects. Beirut Arab University Healthcare Center (BAUHC) successfully addressed the challenges that arose as a result of the economic crisis and the emigration of a huge number of Lebanese doctors in search of better opportunities abroad. In response to the shortage of human resources, the center provided the surrounding community with accessible and affordable medical services of high quality. This initiative eased the burden imposed on patients because of the restrictions on accessing various health services and the substantial costs associated with private clinics.

- The total number of visits and healthcare services delivered at BAUHC increased compared to previous years. In fact, there was 100 percent increase in visits from 2018–2019, an 81 percent increase from 2019–2020, and a 25 percent increase from 2020–2021. In addition, the number of beneficiaries consulting a physician at BAUHC per year (visits) displayed a progressive increase with 4,087 in 2018–2019, 4,608 in 2019–2020, 6,722 in 2020–2021, and a notable rise to 8,360 in 2021–2022. The majority of patients served at BAUHC were from outside BAU community (5,422 in total). They were followed by BAU community staff members (2,078 in total), and BAU students enrolled in the University Health Services (UHS) program (744 in total).

- BAUHC initiated a **screening project** in collaboration with Ibad Al-Rahman Association (IBAD). The project focused on providing ophthalmology screening tests to all orphanages and their family members who are under the care of IBAD (around 266 patients). A total of 21 patients were screened over a period of time that extended from June 28 to August 24, 2022, with plans to screen more individuals in the up-coming months. Fees for the screening visits were covered by IBAD, ensuring accessibility for the patients. In addition, BAUHC's ophthalmologist prepared weekly progress reports, sharing updates on the conditions and progress of the patients with IBAD.

- BAUHC joined the awareness program implemented by the International Orthodox Christian Charities (IOCC) organization in collaboration with UNICEF targeting pregnant and lactating women. The IOCC representatives conducted a number of eight visits between November 2021 and May 2022. Pregnant and lactating women who visited obstetric and pediatric specialists at BAUHC were provided with comprehensive instructions on proper nutrition during pregnancy and breast-feeding. The total number of beneficiaries was 63. In addition, IOCC carried out an activity in collaboration with BAUHC and the Faculty of Medicine. On March 24, 2022, IOCC representatives contributed to a distinctive workshop that was held in the simulation center at the Faculty. The workshop, entitled **Your Way to Motherhood**, was designed to empower pregnant women at BAU and those who were planning to become pregnant on their journey to motherhood and to raise awareness about proper pregnancy planning and maternal health. (Photo 29)

Sexual and reproductive health information and education

6 Targeted sexual and reproductive health sessions

BAU's 2021 annual report documents online education organised by its sexual and reproductive health committee. One session addressed sexually transmitted infections in women, including prevention, management and HIV self-care kits as an educational topic. Other sessions covered sexual dysfunction and the relationship between varicocele and infertility, with treatment considerations and psychological aspects. A rape prevention session was delivered on 15 April 2021. These university-recorded activities provide direct evidence of student information and education on sexual health, fertility and sexual violence prevention.

Evidence: BAU Annual Report 2021 sexual and reproductive health sessions (printed page 25; PDF page 13)

Faculty of MEDICINE

The Faculty tried its utmost best to overcome circumstances in hopes of fulfilling the expected educational program and curricular learning objectives along with meeting the accreditation standards. The Faculty's efforts towards achieving the highest quality levels of medical education culminated in the success of the virtual accreditation visit held in July 2021, with the aim of obtaining accreditation by the **World Federation of Medical Education** (WFME) soon.

- The Faculty was keen to continue using different teaching and learning methods despite the difficult conditions, as part of these activities was transferred to online platforms due to the closure that hindered some activities on campus. These activities included Flipped Classroom, Problem Based Learning (PBL), Medical Education Workshops, Team Based Learning (TBL), Inter-Professional Education (IPE), Simulation Based Learning, Research Based Education, Graduate and Postgraduate Research Project, and Basic Life Support (BLS) Course.
- The self-evaluation journey undertaken by the Faculty as a requirement for accreditation by the **World Federation of Medical Education** (WFME), has inspired the implementation of several context-based modifications and improvements.
- **The Standing Committee on Public Health** (SCOPH) organized several online sessions:
  - **Epilepsy Awareness Session** was held to enlighten the students on a medical level.
  - **Stay Safe: Food Safety Edition** provided insight about safe practices when it comes to storing & preparing food.
  - **Brain Death: End of life and Start of Another** explained what brain death is, how hospitals and physicians declare brain death, its misconceptions, and how to differentiate it from coma and locked-in syndrome.
  - Organs Donation "A Gift of Life" to explain what this concept means and which organs can be donated, adopting a scientific and medical approach, on April 16, 2021. (Photo 8)
- **The Standing Committee on Sexual & Reproductive Health** (SCSRH) organized several online sessions:
  - **STI's in Women** was held to talk about STI prevention and management including the new idea of HIV self-care kit.
  - **Sexual Dysfunction** aimed to increase the knowledge of the students about the topic, and explain how to diagnose and treat such cases.
  - **Varicocele and Infertility** introduced the members to the severity of this disease, its relation to infertility, surgery recommendations, and psychological aspects of living with it.
  - **It wasn't Her Dress: Ending Rape Culture**, an awarness session to stop rape on April 15, 2021.

7 Pregnancy planning and maternal health education

On 24 March 2022, BAUHC and the Faculty of Medicine collaborated with International Orthodox Christian Charities (IOCC) on Your Way to Motherhood at the faculty's simulation centre. The workshop addressed pregnancy planning and maternal health for pregnant women at BAU and those planning pregnancy. The report does not separate student and staff attendance.

Evidence: BAU Annual Report 2021–2022 maternal health workshop (printed page 63; PDF page 32)

- BAUHC joined the awareness program implemented by the International Orthodox Christian Charities (IOCC) organization in collaboration with UNICEF targeting pregnant and lactating women. The IOCC representatives conducted a number of eight visits between November 2021 and May 2022. Pregnant and lactating women who visited obstetric and pediatric specialists at BAUHC were provided with comprehensive instructions on proper nutrition during pregnancy and breast-feeding. The total number of beneficiaries was 63. In addition, IOCC carried out an activity in collaboration with BAUHC and the Faculty of Medicine. On March 24, 2022, IOCC representatives contributed to a distinctive workshop that was held in the simulation center at the Faculty. The workshop, entitled **Your Way to Motherhood**, was designed to empower pregnant women at BAU and those who were planning to become pregnant on their journey to motherhood and to raise awareness about proper pregnancy planning and maternal health. (Photo 29)

BAUHC also joined an IOCC programme with UNICEF that provided nutrition and breastfeeding guidance to pregnant and lactating women attending obstetric and paediatric services. Eight visits between November 2021 and May 2022 reached 63 beneficiaries. This documents repeated patient education; the beneficiaries are not identified exclusively as students.

Evidence: BAU Annual Report 2021–2022 maternal nutrition programme (printed page 63; PDF page 32)

8 Student participation in reproductive health leadership

BAU's 2021–2022 report identifies Ibtisam Al Jamal as Local Officer and Alaa Rifaii as Assistant Local Officer on Sexual Rights and Reproductive Health Including HIV and AIDS within LeMSIC. These appointments document a student organisational route for engagement in this field.

Evidence: BAU Annual Report 2021–2022 student committee appointments (printed page 80; PDF page 41)

AWARDS AND HONORS

- 15 students from the Faculty of Medicine were offered official positions in the **Lebanese Medical Students' International Committee (LeMSIC)**, an organization run by medical students. The organization aimed at empowering healthcare professionals to provide Lebanon with a sustainable and healthier future through activities, capacity building, international opportunities, and peer-to-peer education on global health issues. Here is a list of the students who excelled in their respective positions:
  - Kassem Ghayyad - Med 6 - Supervising Council (SupCo)
  - Amal Naim - Med 6 - Vice President of Public Relations and Communications.
  - Hadil Al Tahan - Med 2 - Local Director
  - Lyn Saifeddine - Med 3 - Local Officer on Professional Exchange
  - Malek Osta - Med 3 - Local Officer on Public Health
  - Mohammad Ghayyad - Med 2 - Local Officer on Medical Education
  - Zeina Naja - Med 3 - Local Officer on Human Rights and Peace
  - Walid Moety - Med 3 - Local Officer on Research Exchange
  - Ibtisam Al Jamal - Med 2 - Local Officer on Sexual Rights and Reproductive Health including HIV and AIDS
  - Hala Thaalibi - Med1 - Assistant Local Officer on Professional Exchange
  - Tarek Ghannoum - Med 5 - Assistant Local Officer on Public Health
  - Mohamad Hamzeh - Med 2 - Assistant Local Officer on Medical Education
  - Mohammad Tarhini - Med 2 - Assistant Local Officer on Research Exchange
  - Alaa Rifaii - Med 2 - Assistant Local Officer on Sexual Rights and Reproductive Health Including HIV and AIDS
  - Nour Kawam - Med 2 - Assistant Local Officer on Human Rights and Peace
- Mustafa Dirani, a senior nursing student from the Faculty of Health Sciences, was awarded **the Lion's Award** for being an exceptional nursing student in 2022.
- Amira Zaylaa, a student from the Faculty of Engineering, participated and received the **Lebanese Industrial Research Achievements (LIRA) 2022** Award from the Lebanese Minister of Industry.
- Sarah Ayache, a third-year student from the Faculty of Pharmacy, achieved first position in **LPSA's Thyroid Disease Awareness Poster Competition** and in the **World Immunization Week** poster competition.
- Ranim Al Amin received first position for her work in the Faculty of Health Sciences Research day seminar for the postgraduate students, which was organized by the scientific committee at the Faculty.

9 Family planning and reproductive health courses

The university's published MSc Nursing programme lists NURS636 Family Planning and NURS637 Reproductive Health as three-credit major elective courses. The same list includes women's psychology and related maternal health subjects. These provide identifiable academic education opportunities for students enrolled in the relevant programme. They support the information and education dimension of the indicator through programme-specific teaching, alongside the university's clinical services.

Evidence: MSc Nursing course list

Health-Sciences - Master-of-Science-in-Nursing-Medical-Surgical-Nursing-Speciality

Program Description

The Master Degree requirement in Nursing- Medical Surgical Nursing requires the completion of 36 Credit hours taken as follows:

- Core Courses: 12Crs.
- Mandatory Courses: 12Crs.
- Elective Courses: 6Crs.
- Thesis: 6Crs

Study Plan:

Course Code	Course Title	Credits	Hours Distribution	Course Type
	First Semester			
NURS601	Biostatistics	3	3Lec,0Lab,0Tut	MCC
NURS603	Safe environment and infection control	3	3Lec,0Lab,0Tut	MCC
NURS611	Theoretical base for advanced medical surgical nursing	3	3Lec,0Lab,0Tut	MCC
NURS613	Practicum for advanced medical surgical nursing	3	0Lec, 3Cln,0Tut	MCC
-------	Major Elective Course	3	3	MEC
	Second Semester			
NURS602	Methods of Research	3	3Lec,0Lab,0Tut	MCC
NURS604	Quality management in nursing services	3	3Lec,0Lab,0Tut	MCC
NURS612	Theoretical base for advanced medical surgical nursing specialties	3	3Lec,0Lab,0Tut	MCC
NURS614	Practicum for advanced medical surgical nursing specialties	3	0Lec, 3Cln,0Tut	MCC
-------	Major Elective Course	3	3	MEC

Course Code	Course Title	Credits	Hours Distribution	Course Type
NURS615	ADVANCED PATHOPHYSIOLOGY	3	3Lec,0Lab,0Tut	MEC
NURS616	ADVANCED HEALTH ASSESSMENT	3	3Lec,0Lab,0Tut	MEC
NURS617	EVIDENCE BASED NURSING	3	3Lec,0Lab,0Tut	MEC
NURS618	CONTEMPORARY CONCEPTS IN MEDICAL SURGICAL NURSING	3	3Lec,0Lab,0Tut	MEC
NURS626	ADVANCED EMERGENCY CARE NURSING	3	3Lec,0Lab,0Tut	MEC
NURS627	HEALTH ASSESSMENT FOR CRITICALLY ILL PATIENTS	3	3Lec,0Lab,0Tut	MEC
NURS628	CONTEMPORARY CONCEPTS IN CRITICAL CARE NURSING	3	3Lec,0Lab,0Tut	MEC
NURS635	EMBRYOLOGY AND GENETICS	3	3Lec,0Lab,0Tut	MEC
NURS636	FAMILY PLANNING	3	3Lec,0Lab,0Tut	MEC
NURS637	REPRODUCTIVE HEALTH	3	3Lec,0Lab,0Tut	MEC
NURS638	WOMEN PSYCHOLOGY	3	3Lec,0Lab,0Tut	MEC
NURS645	PEDIATRIC MEDICINE	3	3Lec,0Lab,0Tut	MEC
NURS646	PEDIATRIC SURGERY	3	3Lec,0Lab,0Tut	MEC
NURS647	CHILD PSYCHOLOGY	3	3Lec,0Lab,0Tut	MEC
NURS648	CRITICAL CARE OF NEONATES	3	3Lec,0Lab,0Tut	MEC
NURS655	PSYCHO-PHYSIOLOGY	3	3Lec,0Lab,0Tut	MEC

10 Undergraduate education in obstetric and gynaecological health

The published Tripoli Health Sciences Nursing curriculum includes NURS405 Obstetric and Gynecological Health Nursing Theory and NURS407 Practice, each a two-credit major core course. Their descriptions cover antenatal care, labour, delivery, postnatal care and gynaecological health problems, with opportunities to apply clinical skills. This is direct evidence of structured reproductive health education for nursing students and extends the educational evidence beyond Beirut Campus.

Evidence: Tripoli Nursing curriculum and course descriptions

11 Student awareness of breast health

On 13 October 2025, Health Sciences students attended breast cancer talks covering risk factors, prevention and early detection and operated interactive awareness booths on Beirut Campus. Students also joined a community awareness event on 18 October. The university published the record on 23 January 2026. These activities provide related women's health information for students, complementing the direct sexual and reproductive health education above.

Evidence: Health Sciences student talks and awareness booths

Pinky Promise Event at the Forum de Beyrouth







Prostate Cancer Awareness Month

https://www.facebook.com/BeirutArabUniversity/posts/pfbid02a9bepkMQJFpJSQmUy13kZuCYFuFLXSvmGa73W1nqSZmiJX4b1uptB5zMfNLuHgfWl



Women and Health

https://www.bau.edu.lb/Research/Women-and-Health

Every year around 8 million young children die of preventable causes, and more than 350,000 women die from preventable complications related to pregnancy and childbirth. These unacceptable deaths can and must be avoided by ensuring that all women and children get the prevention, treatment and care they need. They must have access to family planning, vaccines, and proper nutrition, as well as prevention of and treatment for pneumonia, diarrhea, HIV/AIDS, malaria, tuberculosis and non-communicable diseases.

Our aim at the Faculty of medicine at Beirut Arab University is to conduct a Research-integrated hospitals and community work that will help to optimize maternal and infant health outcomes and to develop early intervention and prevention strategies to reduce the risk for lifelong chronic disease. Some of the ongoing research projects at our Faculty include autism awareness in the Lebanese community, Awareness of the Lebanese pediatricians, family physicians and obstetricians about initiation and maintenance of breast feeding, Awareness of Lebanese Med students towards abortion, Prenatal and post-partum complications, Awareness of long-term contraception among the Lebanese population and many other ongoing researches.

Finally, we think that women and children are considered the most vulnerable components in the society beside the men who complete it. It is true that women are the real architects of the society and the children are the real engines of life. In order to keep this integrity, we believe that research is integral to excellence in healthcare.

“I call on everyone to play their part. Success will come when we focus our attention and resources on people, not their illnesses; on health, not disease. With the right policies, adequate and fairly distributed funding, and a relentless resolve to deliver to those who need it most – we can and will make a life-changing difference for current and future generations.” UN Secretary-General Ban Ki-moon, Global Strategy for Women's and Children's health, September 2010.

Mammogram Images Segmentation for Breast Cancer Detection

https://www.bau.edu.lb/Science/Event/Mammogram-Images-Segmentation-for-Breast-Cancer-Detection





To strengthen the relationship between the Faculty of Science and the community, a talk entitled “Mammogram Images Segmentation for Breast Cancer Detection” by Ali Zaart, Associate Professor of Computer Science, was held on December 17, 2012 at 2:00 PM at the Faculty of Science, Debbieh Site. The attendees were from people from the medical society, BAU students & Faculty Members and some other specialists in computer science.
Abstract of the talk:
Breast cancer is among the leading causes of death in women worldwide. Mammography is a specific type of imaging that uses a low-dose x-ray system to examine the early detection of breast diseases in women. Computer-Aided Detection (CAD) systems use a digitilized mammographic image to search for abnormal areas of density, mass, or calcification that may indicate the presence of cancer. The main step in CAD system is the mammogram images segmentation. The objective of the talk is to present a mammogram images segmentation technique based on statistical distribution for breast cancer detection.

Early Detection of Breast and Cervical Cancer at BAU

https://www.bau.edu.lb/Public-Relations/Event/Early-Detection-of-Breast-and-Cervical-Cancer-at-BAU



In support of the campaign by the Lebanese Ministry of Health on the importance of the early detection of Breast and Cervical Cancer, and under the patronage of Prof. Amr Galal El Adawi, President of BAU, the Faculty of Medicine organized a campaign for the early detection of Breast and Cervical Cancer.

The campaign included a seminar on raising the health awareness in addition to a number of workshops to educate women on how to conduct a self-examination of their breasts and a detailed explanation on how to proceed in the case of the discovery of the disease. It also included a brief survey of Cervical Cancer, and the importance of conducting a screening of the cervix.

The one-week campaign was held on both Beirut and Debbieh Campuses, and visited various Lebanese areas and municipalities, including Khiam Municipality, the Italian School in Tripoli, and Al Bashaer School in Baalbeck, with the participation of medical students of various levels, led by Prof. Naglaa Mashaal, Dean of the Faculty of Medicine and under the supervision of Dr. Bilal Azakir.

This campaign is part of a series of societal initiatives organized by the Faculty of Medicine at Beirut Arab University to serve the community.

Road to Maternity

https://www.bau.edu.lb/Medicine/News/Road-to-Maternity

Since March is the month that Lebanon celebrates Mother's Day, BAU through the Faculty of Medicine and International Orthodox Christian Charities IOCC organized a special lecture to all females in the University, titled :Road to Maternity". The Lecture focused on the important steps that a woman should know before planning to maternity. It showed major focus on the importance of folic acid prior and through pregnancy. It discussed the importance of the pregnancy plate. Nevertheless, lactation and contraception were discussed. The discussion was fruitful and based on group discussions. At the end of the discussion, IOCC distributed educational flyers to the audiance.

Awareness about breast cancer entitled: "Weigh your risk factors for a rosy life"

https://www.bau.edu.lb/Pharmacy/Event/Awareness-about-breast-cancer-entitled-Weigh-your-risk-factors-for-a-rosy-life-





The Faculty of Pharmacy, at Beirut Arab University, participated in the national campaign, organized by Ministry of Public Health, to raise awareness about breast cancer entitled: "Weigh your risk factors for a rosy life". The national campaign coincided with the World Breast Cancer Awareness Month.

The Faculty was represented by a group of Pharm D and senior students under the supervision of Dr. Souraya Domiati, Assistant Professor at the Department of Pharmacology and Therapeutics. During the exhibition (October 12-14, 2018), more than 500 visitors passed by the Faculty booth, where students provided information on breast cancer, related risk factors and ways of prevention.

Former Prime Minister Fouad Saniora and Deputy Prime Minister and Minister of Public Health Ghassan Hasbani visited the site. They praised the efforts exerted during the preparation and interaction with the exhibition visitors. The three days were culminated in an appreciation trophy received by the Faculty for the first place among the projects presented.

Participation of the MLT department in the national breast cancer awareness campaign

https://www.bau.edu.lb/Health-Sciences/News/Participation-of-the-MLT-department-in-the-national-breast-cancer-awareness-campaign









A team of six students from the MLT department-BAU and under the supervision of the assistant professor, Dr.Salim MOUSSA, had been selected by the MOPH in order to participate in a national competition for the breast cancer awareness campaign 2018. The MLT topic was “Mammogram: the selfie that saves your life”. During three days from 12 till 14 October, the MLT students were taking the hand of each woman and showing her the importance of breast cancer early detection via mammography in order to save her life. The MLT booth was highly attractive and competitive; more than 600 visitors had stopped at the booth to learn more about mammography, share their experiences with breast cancer and take memorable pictures with the team. The minister of public health, Mr.Ghassan Hassbani, the former prime minister, Mr.Fouad Siniora, Professor of Hematology-Oncology at the American University of Beirut, Pr.Nagi El Saghir, and the famous Lebanese TV personality, Mrs.Mona Abu Hamze were among the visitors of the MLT booth. Moreover, a special interview with Future TV was taken with Dr.Salim MOUSSA. At the end of the event, a special letter of thanks from the MOPH was sent to the MLT-BAU to express their highly appreciation of the remarkable job made by the team. Certificates of participation were delivered to the students.

Breast cancer campaign organized by Pharm D students

https://www.bau.edu.lb/Pharmacy/Event/Breast-cancer-campaign-organized-by-Pharm-D-students



The Pharm D team at Labib Medical center has participated in the Breast cancer campaign organized by the hospital. During the event, the students have interviewed the patients in order to assess their risk.

International Women's day

https://www.bau.edu.lb/Medicine/Event/International-Women's-day



International Women's Day (IWD) is a worldwide campaign celebrated on the 8th of March that has a goal to advocate women's rights and to make people more aware about female health. The Lebanese Medical Students' International Committee's (LeMSIC), Standing Committee on Sexual & Reproductive Health Including HIV/AIDS (SCORA), being part of the Medical Faculty in Beirut Arab University, celebrated IWD on March 20 2017. This IWD was celebrated in our university at a later date than the International women's known day in order to make a point that IWD shouldn't be celebrated on just one specific day but rather it is an event that should be celebrated everyday as women should be respected, and appreciated on every day of the year. We had stands with different information being available about various topics such as social, health, body image perception, and information was stressed on the importance on self-breast examination, & frequent clinical checkup. We were also joined by KAFA NGO, who introduced itself, and talked about its agenda to pass laws in Lebanon in favor of women's rights. Self-defense class was also available in the campaign to teach women how to protect themselves in case they were to get assaulted. This can save their lives in critical situations. They were tested through smart, fun, witty games to see that they have learnt those essential defense moves. At the end, those who passed those tests, they got a sweet treat, and a chance to win gift vouchers.

The second part of the campaign was a conference that was held in Ali Rashed auditorium. We were honored to have Dr. Issam Shaarani, Dr. Salah Malas, Ms.Joumana Hadad, Ms.Hala Hamoud, & Ms.Sabine Fakhoury as speakers in the conference. The women shared with us their personal experience in their respected occupation. They also talked about the obstacles they had to overcome, and the

sacrifices they had to do in order to reach their current achievements today. Our two Doctors talked more in depth about women's health and what kind of frequent cases they encounter in Lebanon. At the end of the conference, we honored each speaker with a comer bel armor from Beirut Arab University & Lebanese Medical Students' International Committee.

Breast Cancer Awareness Month

https://twitter.com/BeirutArabUni/status/1708716408345887222



Early Detection Saves Lives

https://twitter.com/BeirutArabUni/status/1576856012736561152



Are You OK? Breast Cancer Awareness

https://twitter.com/BeirutArabUni/status/1447862465811918849



Underage marriage: Problems and Effects at Beirut Arab University

https://www.bau.edu.lb/Public-Relations/News/Underage-marriage-Problems-and-Effects-at-Beirut-Arab-University



The Faculty of Law and Political Science at Beirut Arab University organized a seminar on “The Marriage of Underage Girls: Problems and Effects”. The Faculty Dean, Prof. Mohammad Kassem, moderated the seminar. The President of the Supreme Sunni Sharia Court, Sheikh Dr. Mohammad Assaf, Head of the Coptic Community in Lebanon and Syria, Monk Reverend Andrawes Al-Antony, President of the Jaafari Courts Sheikh Mohammad Kanaan, President of the Druze Supreme Court of Appeal Sheikh Faisal Naser Eddine, Professor at the Faculty of Canon Law at Sagesse University Dr. Abdo Younes, Associate Professor at the Faculty of Law and Political Science at BAU Sheikh Dr. Wafic Hijazi.

The Grand Mufti of the Lebanese Republic representative, Sheikh Dr. Hassan Merheb, Sheikh Al Aql of the Druze monotheistic faith representative, His Eminence Sheikh Sami Abdel Khalek, Patriarch Bechara Al Rai representative, His Eminence Father Abdo Abou Kasem, President of the National Commission For Lebanese Women Mrs. Claudine Aoun Roukoz, President of the Lebanese Community in Tanzania, Mr. Ali Shoumar, deans of faculties, the Secretary General at BAU, Dr. Omar Houry and a crowd of jurists, students and interested people attended the seminar.

After the Lebanese national anthem and the university anthem, the Faculty Dean prof. Mohammad Kassem said “Beirut Arab University gathers and does not separate. For this reason, it was established and will continue and since the topic of the seminar is important and dangerous, some supported and some avoided

it, but the right and wisdom require that we meet on what we disagree. The only thing we want is to reform and serve the community since the personal status system in the Arab countries is derived from religion, and we know that the potential for disagreement is great, but we must reach a unified opinion".

Then Sheikh Dr. Mohammad Assaf said, "The Islamic religion is a religion that is valid for every time and place. It takes care of all the people's interests. Jurists took diligence in matters in which there was no explicit text from the Quran or the Sunnah, where they permitted the permissibility for the better interest. For this reason, marriage of underage girls is one of these jurisprudence that does not contradict the Quran but is an imperative, necessary and for the interest of the minor in terms of her psychological, physical, social and human condition".

Assaf continued, "The age of marriage for minors is determined by sects according to jurists and their jurisprudence on which they are based and any determination from outside the personal status system for the concerned sects is considered as violation to the Lebanese Constitution, the Universal Declaration of Human Rights and the Charter of the United Nations".

Dr. Abdo Younes indicated in his speech that "the Lebanese state has committed itself, under Article 9 of the constitution, to ensure that parents, regardless of their religious denominations, respect the personal status system and religious interests. Moreover, based on this last commitment, the state has left personal status issues, including marriage on Lebanese territories in the custody of sectarian legislation. That is why the exclusively applicable marriage system is the sectarian one and there is no civil system due to the absence of relevant texts".

Sheikh Mohammad Kanaan also emphasized that , "The Lebanese people have absolute freedom in what the law permits them to say or do. Therefore, they were able, through their religious and sectarian diversity, to create the creative formula that makes coexistence. Hence, the Lebanese legislator considered that sects in Lebanon do not go beyond being civil and cultural, all of which contribute at the national level and preserve for itself ideological privacy and the consequent personal peculiarities".

Sheikh Faisal Nasser Eddine spoke, "The personal status law of the Druze monotheistic faith sect may allow the suitor to marry when he has completed eighteen of age and the girl who has completed seventeen years. The law permits the Sheikh Al-Aql or the Sect's judge to authorize the marriage of a young man who has completed sixteen years of age and a girl who has completed her fifteen years if medically proven that their condition permits that".

Then Monk Reverend Andrawes Al-Anthony said, "The Coptic Orthodox Church rejects completely the marriage of underage girls because the rites of marriage in the Coptic Orthodox Church is one of the seven sacraments of the Church, as it is a sacred bond that unites the man and the woman. The Christian Church throughout its history obligated the man to marry one woman for life, and that each spouse being faithful to the sacred marital vows". "Based on the words of the Lord Jesus the Christ, for this reason a man leaves his father and mother and clings to his wife, and the two become one body, for what God has combined together, no man can separate."

Sheikh Dr. Wafic Hijazi was surprised: "Whoever calls for prohibiting marriage under the age of eighteen years encourages or at least does not object to establish a relationship outside its scope. The issue of marriage in Islam is a matter of philosophy that is not instinctive, but carries in its contents respect for the humanity of the human being and his honor without being a commodity in the online market and pornography in the name of human rights".

The seminar was concluded with questions and discussions between the attendees and the lecturers.

ASCE Chapter at BAU organized a lecture about Breast Cancer

https://www.bau.edu.lb/Public-Relations/News/ASCE-Chapter-at-BAU-organized-a-lecture-about-Breast-Cancer





For the occasion of the Breast Cancer Awareness Month which is held in October yearly, and in order to support this common cause, the ASCE Chapter at Beirut Arab University organized a lecture for Mr. Hani Nassar representing the Barbara Nassar Association, Ms. Michelle Nabhane, a Cancer Patient Survivor, and Dr. Maroun Sadek, Oncologist.

The lecture shed the light on spreading awareness and sharing all the necessary instructions to stop Breast Cancer.

Mr. Nassar elaborated how his association was founded explaining how their primary mission is to support adult cancer patients, morally and financially.

Ms. Nabhane shared her survival inspirational story on how she struggled throughout her treatments but decided to keep on fighting not just for herself but also for her family, friends and beloved ones.

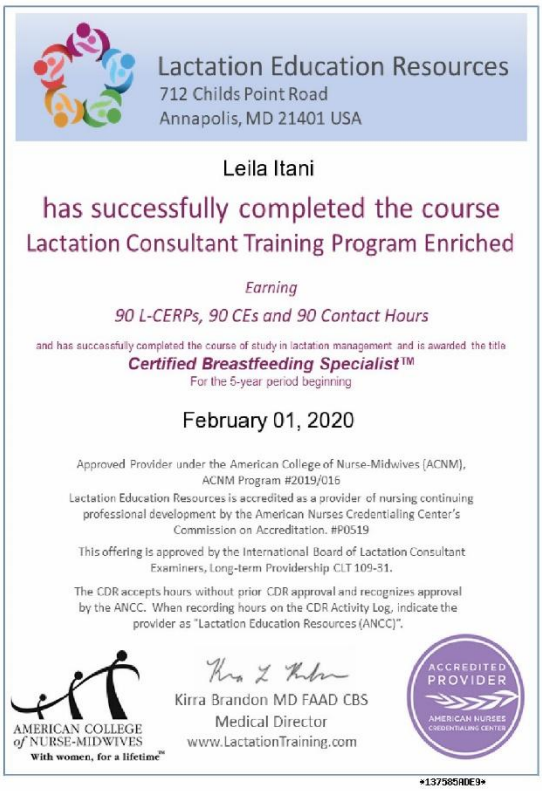
Dr. Sadek lectured about cancer diagnosis and its stages, treatment protocols and methods of medical examinations.

Certified breast feeding specialist

https://www.bau.edu.lb/Health-Sciences/News/Certified-breast-feeding-specialist



Dr Leila Itani was awarded the title," Certified Breast Feeding Specialist" as of February 2 2020. The certification is accredited by Lactation Education Accreditation and Approval Review Committee (LEAARC). This status entitles Dr. Itani to provide advice to mothers with infants 0-23 months of age related to 1) Benefits and importance of breast feeding to the mother and infant 2) Prepartum education for preparation for breastfeeding 2) Early initiation and maintenance of breastfeeding 3) Signs of effective breastfeeding 4) Assessment and management of breast feeding difficulties related to mother and infant (decreased milk supply, refusal of breast, milk allergy, breastfeeding twins, tandum feeding etc..) 5) Maintenance of breastfeeding along with complementary feeding until 2 years and beyond.



Lactation Education Resources
712 Childs Point Road
Annapolis, MD 21401 USA

Leila Itani

has successfully completed the course
Lactation Consultant Training Program Enriched

Earning
90 L-CERPs, 90 CEs and 90 Contact Hours

and has successfully completed the course of study in lactation management and is awarded the title
Certified Breastfeeding Specialist™
For the 5-year period beginning

February 01, 2020

Approved Provider under the American College of Nurse-Midwives (ACNM), ACNM Program #2019/016
Lactation Education Resources is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation. #P0519
This offering is approved by the International Board of Lactation Consultant Examiners, Long-term Providership CLT 109-31.
The CDR accepts hours without prior CDR approval and recognizes approval by the ANCC. When recording hours on the CDR Activity Log, indicate the provider as "Lactation Education Resources (ANCC)".

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MLT students attending the MOPH Breast cancer campaign

https://www.bau.edu.lb/Health-Sciences/Event/MLT-students-attending-the-MOPH-Breast-cancer-campaign-2019



Dr. Salim Moussa and MLT students attended the launching of breast cancer campaign organized by the Ministry of Public Health, Wednesday 9 October 2019. This year, the ministry emphasized the importance of regular screening through mammography for early detection, as the prevention is not yet possible.

Participation of the MLT department in the national breast cancer awareness campaign

A team of six students from the MLT department-BAU and under the supervision of the assistant professor, Dr.Salim MOUSSA, had been selected by the MOPH in order to participate in a national competition for the breast cancer awareness campaign 2018. The MLT topic was "Mammogram: the selfie that saves your life".

During three days from 12 till 14 October, the MLT students were taking the hand of each woman and showing her the importance of breast cancer early detection via mammography in order to save her life. The MLT booth was highly attractive and competitive; more than 600 visitors had stopped at the booth to learn more about mammography, share their experiences with breast cancer and take memorable pictures with the team. The minister of public health, Mr.Ghassan Hassbani, the former prime minister, Mr.Fouad Siniora, Professor of Hematology-Oncology at the American University of Beirut, Pr.Nagi El Saghir, and the famous Lebanese TV personality, Mrs.Mona Abu Hamze were among the visitors of the MLT booth. Moreover, a special interview with Future TV was taken with Dr.Salim MOUSSA. At the end of the event, a special letter of thanks from the MOPH was sent to the MLT-BAU to express their highly appreciation of the remarkable job made by the team. Certificates of participation were delivered to the students.



"Wear It Pink"

https://www.bau.edu.lb/Health-Sciences/Event/%E2%80%9CWear-It-Pink%E2%80%9D



Mr. Mohammad Itani and First Year Nursing Students organized an awareness campaign titled "Wear It Pink" in celebration of the Brest Cancer Awareness Month on 19 October 2017 where they decorated the faculty with pink helium balloons and written messages of awareness. Students also distributed pink ribbons to BAU students, staff, and faculty in solidarity with Brest Cancer patients. Dr. Ahmad Al Tassi delivered a lecture on Brest Cancer titled "Breast Cancer from A TO Z" delivering deliberate content and information about the latest advances on breast cancer on Friday 20th of October 2017, where students from the faculty of health sciences attended.

Let's Talk

https://www.bau.edu.lb/Human-Sciences/Event/Lets-Talk



With the participation of the Mass Communication Department students, and the attendance of Dr. Gamal Megahed, the Faculty of Arts hosted an interactive play “Let’s Talk” at the Media Center. The play aims at promoting awareness among the youth of the HIV/AIDS and related issues, as well as means to guard against it and how to deal with people affected by the disease. The play, entitled “Khallik Salbe”, is produced by the Visual and Performative Arts Society, in collaboration with UNFPA. At the end of the play, a discussion was held with the students, and brochures were distributed to highlight the dangers of the disease.

The National Awareness Campaign on HIV-AIDS

https://www.bau.edu.lb/Medicine/Event/The-National-Awareness-Campaign-on-HIV-AIDS



Beirut Arab University medical students contributed to the National Awareness Campaign on HIV-AIDS entitled " don't test your luck. Get tested!" that took part over first 2 weeks of December, collecting donations, and doing a public service in informing people about the disease and all its aspects and preventions.

The Campaign is organized by LeMSIC, as part of the National Campaign done by Standing Committee On Reproductive Health and AIDS (SCORA).

Gynecological Cancer Awareness Campaign

https://www.bau.edu.lb/Medicine/Event/Gynecological-Cancer-Awareness-Campaign







On Sunday September 21,2014, Beirut Arab University Faculty of Medicine students took part in organizing a Gynecological Cancer Awareness Campaign at Ain El Mreisseh raised by The Lebanese Medical Student International Committee (LeMSIC) through the standing committee on reproductive health including HIV/AIDs (SCORA) and standing committee on public health (SCOPH) in association with Globe-athon.

It was all about giving information and spreading awareness about breast, ovarian, cervical, and endometrial cancer. The event ended up successfully where plenty of people were fully informed about everything related to these topics including risk factors,symptoms, prevention methods and examination. A fun event where people participated in games and got ribbons for each type of cancer.

World AIDS DAY

https://www.bau.edu.lb/Medicine/Event/World-AIDS-DAY






In the occasion of World AIDS DAY, December the 1st , an awareness campaign on AIDS/HIV was organized by BAU Medical students who are members in LEMSIC-SCORA Committee (Standing Committee on Reproductive Health including HIV/AIDS) .

The campaign took place in Hamra, and then at BAU Beirut campus, on Thursday December 4,2014. Medicine students introduced themselves, then defined AIDS, explained the stages of the disease, and talked about the laboratory tests every infected patient should take especially CD4- Count.

Since the tests are not provided for free, the students raised money from people donations and dedicated the money to the infected patients so they can take these tests at Hotel Dieu and Saint Georges hospitals for free.

The aim of the campaign was not only raising awareness about AIDS, its goal was also to convince people that AIDS infected patients should NOT be isolated from the society, because they are humans like others and not inferior to anyone.

The National Awareness Campaign on HIV-AIDS

https://www.bau.edu.lb/Medicine/Event/The-National-Awareness-Campaign-on-HIV-AIDS



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Be Your Body's Buddy

https://www.bau.edu.lb/Medicine/Event/Be-Your-Body's-Buddy



The faculty of medicine at Beirut Arab University in collaboration with the Lebanese Medical student international committee (LeMSIC) have decided to embrace the message of the“International Women's day" by organizing an amazing event titled as "Be Your Body's Buddy" in the main Beirut campus of the university.

The faculty of medicine at Beirut Arab University has many visions, one of the most important is raising awareness on the common problems our Lebanese community encounter. This is why the faculty took an important initiative through promoting this event in order to pursue it's vision. LeMSIC is part of the International Federal Medical Student Association (IFMSA), established in 1964, and

composed of six standing committees one of which is the standing committee on sexual and reproductive health including HIV/AIDS which is governing this event.
"Be your body's buddy" that targets many topics regarding women health, contraception, STIs, period, gynecological cancers and diseases. They also discussed abuse and rape , presenting to Beirut Arab University students the reality we live in. The campaign included interactive quizzes and games , a martial art coach to teach the female students how to defend themselves in any abusive encounter , also a stand for the famous NGO Kafa with brochures and stories, and of course an amazing team of all medical students putting all their hearts and knowledge in this campaign.

HIV Awareness

https://www.bau.edu.lb/Medicine/Event/HIV-Awareness







Since December the 1st is the World AIDS Day, the students of the Faculty of Medicine, represented by the Lebanese Medical Students' International Committee (LeMSIC) and Standing Committee on Sexual and Reproductive Health including HIV/AIDS (SCORA), in collaboration with Red Cross Club Student Activities, have organized an HIV awareness Campaign in Beirut Campus, Al Multaka Building, from the 1st to the 4th of December.

HIV/AIDS has been discussed extensively worldwide in the last few years, and recently there was about 4000 cases reported in Lebanon! The students educated the public about HIV and AIDS, explained the importance of accepting and not-discriminating People Living with HIV in order to eradicate this infectious disease along with all the stigma and taboos related to it.
The Students did so through multiple interactive games concerned with correcting the myths, informing knowing what's true or false and offering more information about the topic. In addition there was a huge board on which the public expressed whatever they want to support people living with HIV.

The public were satisfied with what they learned and gained.

Word Aids Day

https://www.bau.edu.lb/Medicine/Event/Word-Aids-Day



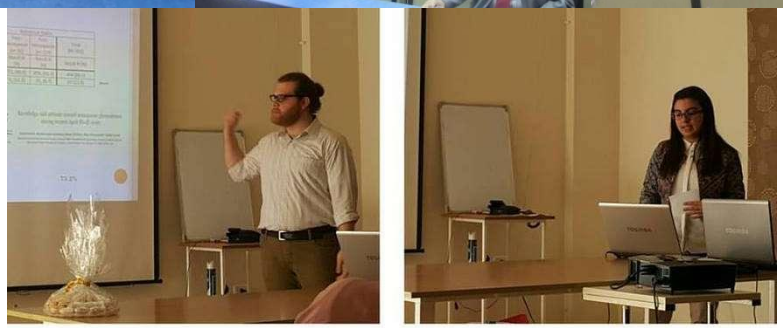
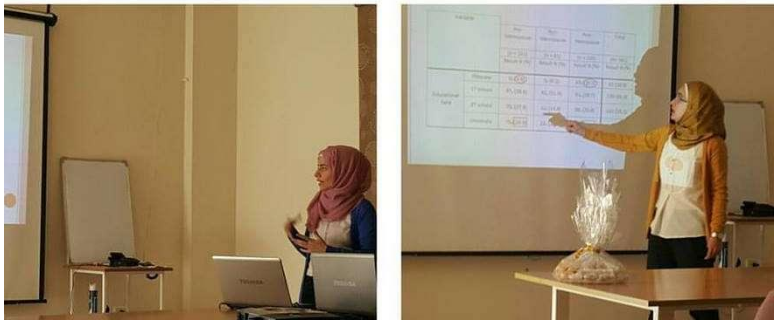
Faculty of Medicine Students in Beirut Arab University (Lebanese Medical Students' International Committee's (LeMSIC), Standing Committee on Sexual & Reproductive Health Including HIV/AIDS (SCORA)) celebrated World AIDS Day (WAD) campaign celebration that has a goal to spread awareness about HIV/AIDS, to end the stigma, and discrimination against people living with HIV,

by preparing a local event about HIV on Tuesday 29/11/2016 in Main Building Beirut Arab University.

Through this event they spread awareness about HIV, at the information stand they explained to their fellow university students, what is HIV, how it functions, how does it spread, and can they protect themselves to prevent themselves HIV transmission. To make sure that their fellow students got the message that SCORA is trying to spread, they were tested through smart, fun, witty games to see what they have learnt. At the end if they passed those tests, they got a sweet treat, and a chance in entering a tombola to win gift vouchers.

Knowledge, attitudes and practices of Lebanese women regarding menopause

https://www.bau.edu.lb/Medicine/Event/Knowledge-attitudes-and-practices-of-Lebanese-women-regarding-menopause

Under the patronage of Dr. Najlaa Mashaal Dean Faculty of Medicine BAU and the supervision of faculty staff: Dr. Azza Abou El Naga & Dr. Issam Shaarani, the faculty of medicine at Beirut Arab University held an educational presentation across two locations: on April 1st,2016 at Siblin Governmental Hospital and on April 14th, 2016 at the faculty of medicine at BAU.

Ahmad Chaaban, Walaa Mahmoud, Sandra Anka, Sandy El-Sayed, and Ghinwa Lawand have been working since 2014 on a study under the title: “Knowledge, attitudes and practices of Lebanese women regarding menopause”. The aim of the round was to share the results obtained in this study with the hospital staffs, faculty’s staff and students.
Throughout the presentation, the five medical students discussed the results they obtained regarding: knowledge, attitudes, symptoms, complications, treatment and screening regarding menopause among Lebanese women. They were able to prove their hypothesis, based on the results they obtained, that Lebanese women lack scientific knowledge, positive attitudes, and proper practices towards menopause and its related issues.

BAU organized a breast cancer awareness campaign in Lebanese schools during the month of October in collaboration with Pharm D and Medicine students.

https://www.facebook.com/photo/?fbid=779692457526809&set=a.668151805347542



Dr. Souraya Domiati (Associate Professor of Pharmacology and Therapeutics, Faculty of Pharmacy) organized a breast cancer awareness campaign in Lebanese schools during the month of October In collaboration with Pharm D and Medicine students. The campaign aimed to disseminate awareness about Breast cancer risk factors, and to share the experience of some breast cancer survivors.

On 13 October 2025, students from the Faculty of Health Sciences attended a series of talks aimed at raising awareness about breast cancer, its risk factors, prevention strategies, and the importance of early detection. In addition the students held awareness booths on Beirut campus filled with interactive activities. On 18 October, students from the faculty to the Pinky Promise Event at the Forum de Beyrouth, joining a large community initiative to support breast cancer awareness and solidarity with patients and survivors

A separate official faculty profile records a breast cancer awareness activity among BAU students in November 2025. The same profile identifies the faculty author of the university student STI knowledge study described below. This provides an additional recent record of staff involvement in student health awareness.

Evidence: Faculty record of student awareness activities (Activities and Publications sections)



Ibrahim Kadamani

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Nursing

Google Scholar Citations: 79

H-Index: 1

Ibrahim Kadamani
Assistant Professor

I am an Assistant Professor in the Faculty of Health Sciences, specifically in the Nursing Department. I earned my PhD in Education from the Faculty of Education at the Lebanese University in 2021. Additionally, I obtained my Master's degree in Critical Care Nursing from Beirut Arab University in Lebanon in 2013, and my Bachelor of Science in Nursing from the Lebanese University, Faculty of Public Health, in 2008.

I have 19 years of experience in critical care nursing and nursing administration across various hospitals. Additionally, I served as the Simulation Lab Manager and Clinical Instructor at the Faculty of Health Sciences, Nursing Department, at Beirut Arab University from 2008 to 2017. I am an expert in high-fidelity 3G human patient simulation, encompassing both its theoretical concepts and clinical applications, as well as training.

Furthermore, I am a Basic Life Support instructor certified by the American Heart Association. I have also contributed to designing and implementing an Interprofessional Education (IPE) course at BAU. My research interests focus on interprofessional education and nursing education.

Recent research on student sexual and menstrual health

BAU researchers have studied sexual health knowledge and menstrual wellbeing among university students. These studies provide public educational resources and evidence about students' needs. They are supporting evidence of research and knowledge production; their sample sizes are not counts of students treated or trained through an outreach programme.

12 Sexual health knowledge among BAU students in 2025

Arandass and Kadamani's 2025 article in the International Journal of Africa Nursing Sciences assessed knowledge and attitudes toward sexually transmitted diseases among 414 BAU students. It identified specific knowledge gaps and misconceptions and recommended addressing them through sexual health education. The article and the author's BAU profile establish a university connection and a recent assessment of the student population. The publication provides supporting information about the educational needs of BAU students.

Evidence: Original student sexual health study



Knowledge and attitudes towards sexually transmitted diseases among students in a private university in Lebanon

Nour Ghassoub Arandass [a], Ibrahim Kadamani [b] Show more

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Abstract

Aim

The present study aimed to assess knowledge and attitudes toward STDs among Beirut Arab University (BAU) students.

Methods

A QR code linked to the Google Forms questionnaire was scanned by the students and an explanation about the project was provided to the targeted sample. The estimated time required to complete the questionnaire was approximately (5–10 min). The data collection form included socio-demographics, as well as knowledge and attitudes scale about STDs.

Outline

Abstract
Keywords
Abbreviations
1. Introduction
2. Materials and methods
3. Results
4. Discussion
5. Conclusion and recommendations
6. Limitations

13 Menstrual health knowledge among health professions students in 2023

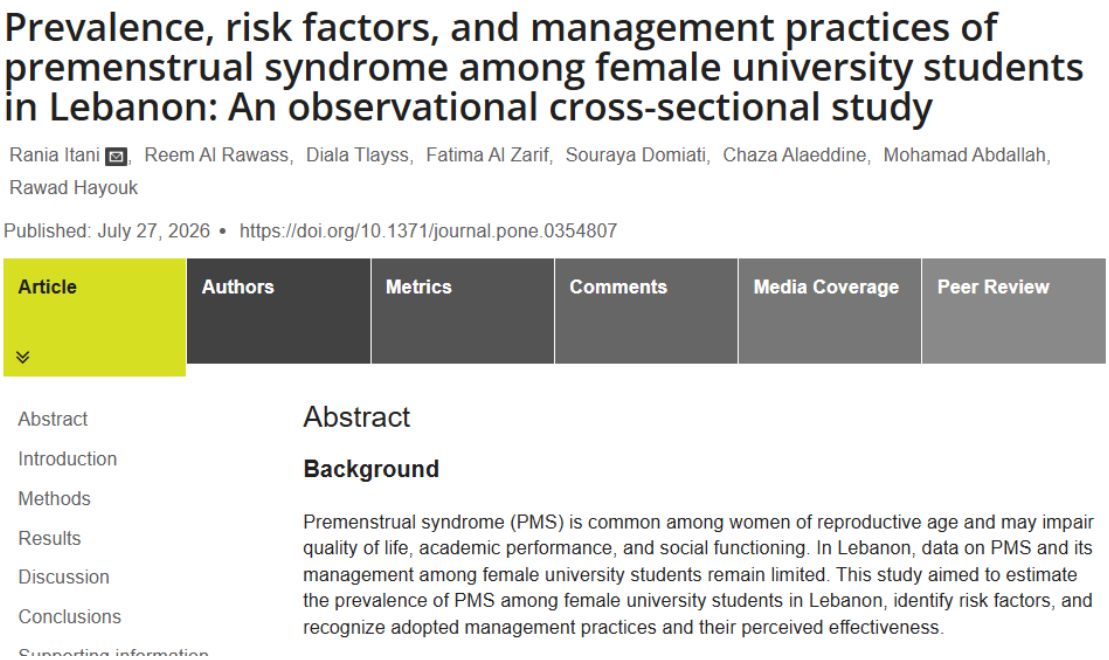
The 2023 study Knowledge and Attitude towards Dysmenorrhea among Health Professions Students assessed BAU students from Medicine, Dentistry, Pharmacy and Health Sciences. It examined menstrual pain knowledge and attitudes among male and female students. This contributes evidence on reproductive health literacy and student learning needs across several faculties and provides an additional information resource on student menstrual health.

Evidence: Original dysmenorrhoea study

14 Premenstrual symptoms and management among BAU students in 2026

A BAU Faculty of Pharmacy study published in PLOS One on 27 July 2026 surveyed 1,062 female BAU students between 20 April and 8 May 2026. It assessed premenstrual symptoms, management practices and associated lifestyle and psychosocial factors. The researchers recommended university awareness, screening and counselling strategies. This recent publication documents attention to menstrual wellbeing in the student population and identifies priorities for student health education and support.

Evidence: Original BAU premenstrual health study



Prevalence, risk factors, and management practices of premenstrual syndrome among female university students in Lebanon: An observational cross-sectional study

Rania Itani, Reem Al Rawass, Diala Tlayss, Fatima Al Zarif, Souraya Domiati, Chaza Alaeddine, Mohamad Abdallah, Rawad Hayouk

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Article | Authors | Metrics | Comments | Media Coverage | Peer Review

Abstract
Introduction
Methods
Results
Discussion
Conclusions

Abstract

Background

Premenstrual syndrome (PMS) is common among women of reproductive age and may impair quality of life, academic performance, and social functioning. In Lebanon, data on PMS and its management among female university students remain limited. This study aimed to estimate the prevalence of PMS among female university students in Lebanon, identify risk factors, and recognize adopted management practices and their perceived effectiveness.

15 Wider sexual and reproductive health knowledge

A study published on 28 January 2021 in Reproductive Health by BAU-affiliated researchers examined sexual and reproductive health knowledge among unmarried women in Lebanon. It addressed STIs, menstruation, pregnancy, contraception and related topics, and recommended education in academic and community settings. The openly accessible article provides a further university-linked information resource and establishes faculty engagement with reproductive health literacy. Its participants were not defined as BAU students, so it supports research expertise rather than student service utilisation.

Evidence: Original sexual and reproductive health knowledge study

Supporting student wellbeing and inclusion

16 Psychosocial support for students

On 29 February 2024, the Faculty of Human Sciences opened a Psychosocial Counselling Unit for university students. The unit provides psychological, social and educational interventions, guidance and preventive activities according to professional and ethical standards. It offers a wider student wellbeing resource alongside medical services, helping students address personal and social concerns through general psychosocial support.

Evidence: Opening of BAU Psychosocial Counselling Unit

BAU's published equal opportunity commitment supports an inclusive environment based on equality, respect and diversity in education and employment. This provides the wider institutional context for student support and wellbeing.

Evidence: BAU equal opportunity commitment

Fees and the scope of student access

The evidence supports access to university-provided care and education. Fee descriptions require a distinction between affordable provision and an explicit waiver. The Health and Wellness page states that Beirut student medical services have reduced prices, while the operational ICARE page describes symbolic charges. BAUHC's main page also uses the phrase "complimentary consultation fees" alongside statements about affordable care. These descriptions do not identify a universal student exemption covering reproductive consultations, investigations, procedures and medicines.

Evidence: BAUHC published access and fee descriptions

The 2026–2027 undergraduate tuition schedule lists a bundled services fee of US$200 per semester covering technology, healthcare and extracurricular services. It does not itemise sexual and reproductive health procedures or establish that all such care is included without additional charges. The documented student access can therefore be stated confidently, while a claim of universally free care would require a specific published entitlement or fee waiver.

Evidence: BAU undergraduate tuition and services fees (2026–2027 schedule)

Component	Evidence supported position
Clinical access	Student healthcare eligibility and a published specialist clinic schedule are documented.
Reproductive procedures	Pap smear testing, IUD insertion and pelvic and pregnancy ultrasound appear in the BAUHC service specification.
Information and education	Targeted sessions, maternal health education and relevant courses are documented.
Cost classification	Reduced prices and symbolic charges are documented. Universal free student reproductive care is not established by the available terms.

Submission conclusion

Recommended response: Yes. BAU provides an institutional route to student sexual and reproductive healthcare through BAUHC and its specialist clinics, including advertised reproductive procedures. It also delivers relevant information and education through targeted sessions, maternal health activities, student organisations and academic programmes. The strongest evidence combines student eligibility, concrete clinical provision and documented education. The response describes healthcare access as affordable or subsidised where stated and does not claim that every reproductive health service is free.